



# Code of Conduct: Parent/Carer

As a responsible parent/carers I will:

- Demonstrate respectful behaviour at all times.
- Read and familiarise myself with all COVID-19 guidelines, follow them while attending club activity and encourage my child to do so.
- Set a good example and encourage my child to learn the rules of the sport and compete within them at all times.
- Help my child to recognise good performance, and not just results.
- Make athletics fun.
- Never force my child to take part in sport if they do not want to.
- Never punish or belittle my child for losing or making mistakes.
- Use correct and appropriate language at all times.
- Check the qualifications and licences of people who are coaching or managing my child, or offering a service connected to athletics such as physiotherapy, massage or nutritional advice.
- Know exactly where my child will be and who they will be with at all times.
- Assume responsibility for safe transportation of my child to and from training and competition.
- Return fees and any necessary written consent forms to the club/team manager or appropriate person, including next of kin details, health and medical requirements before my child goes to any away events or trips.
- Provide any necessary medication that my child needs for training or trips away.
- Report any concerns about my child's (or any other child's) welfare to the Club Welfare Officer, or National Welfare Officer. (This does not affect your right to contact your local social services or the police if you feel it is necessary).

## Good spectator behaviour:

I understand that inappropriate pressure on children, and poor behaviour of adult spectators can sometimes make children drop out of sport. I accept that this code promotes good spectator behaviour, and understand that if I verbally abuse children, coaches or officials action will be taken.

## Breach of the Codes of Conduct:

I understand that if I do not follow the Code action can be taken by my club and I may:

- Be asked to apologise for my behaviour.
- Receive a verbal warning from a coach.
- Receive a verbal or written warning from the club committee.
- Be suspended from attending club training sessions and events.
- Be suspended from the club.
- Be required to leave the club.

\_\_\_\_\_ Print Name \_\_\_\_\_ Athlete's Name/s

\_\_\_\_\_ Signed \_\_\_\_\_ Date

If you have any questions about this or any welfare issue, please contact our Club Welfare Officer:  
Inga Linklater, 07786657200, [welfare@orkneyathleticclub.co.uk](mailto:welfare@orkneyathleticclub.co.uk)