

H&I Open Meeting with HIPPO Final 2012

Open 400m Hurdles

| | | | | | |
|---|--------------|--------------------|------|-------|----|
| 1 | Ben Mitchell | Moray Road Runners | U18B | 59.08 | PB |
| 2 | Fraser Scott | Forres Harriers | U18B | 63.34 | |

Junior 1200m

| | | | | | |
|---|-----------------|------------------------|-----|---------|--|
| 1 | Daniel Johnston | Inverness Harriers AAC | 10B | 4:37.86 | |
| 2 | Cameron Dowdles | Inverness Harriers AAC | 10B | 4:42.36 | |
| 3 | Joshua Milne | Moray Road Runners | 9B | 4:57.21 | |
| 4 | Eric Todd | Ross County AC | 10B | 5:48.96 | |

Junior 80m Hurdles

ws -2.4

| | | | | | |
|---|-----------------|------------------------|------|-------|--|
| 1 | Hamish Kerr | Ross County AC | U14B | 15.74 | |
| 2 | Mhairi MacPhail | Ross County AC | U16G | 16.14 | |
| 3 | Ross Budge | Stornoway Running & AC | U14B | 16.59 | |
| 4 | Stuart Kirk | Caithness AAC | U14B | 19.49 | |

Open 300m Hurdles

| | | | | | |
|---|--------------------|---------------|------|-------|----|
| 1 | Imhotep Booth | Caithness AAC | U16B | 50.60 | |
| 2 | Joseph Frame | Caithness AAC | U16B | 51.24 | |
| 3 | Shannon Sutherland | Nairn AAAC | U16G | 52.14 | PB |

Open 100m Final A

| | | | | | |
|---|-----------------|------------------------|------|---------|--|
| 1 | Alastair Beaton | Inverness Harriers AAC | SM | no time | |
| 2 | Pat Sattaphol | Stornoway Running & AC | U20M | no time | |
| 3 | George Goddard | Inverness Harriers AAC | U18B | no time | |
| 4 | Ross Fraser | Inverness Harriers AAC | U20M | no time | |
| 5 | Stewart Twort | Unattached | U16B | no time | |
| 6 | Craig Wares | Caithness AAC | U16B | no time | |
| 7 | Connor MacLeod | North Uist AAC | U16B | no time | |
| 8 | Adam Hobson | Inverness Harriers AAC | U20M | no time | |

Open 100m Final B

ws -3.2

| | | | | | |
|---|------------------|------------------------|------|-------|--|
| 1 | Ronan Donaldson | Orkney Athletic Club | U18B | 13.22 | |
| 2 | Alasdair Rigby | Stornoway Running & AC | U16B | 13.24 | |
| 3 | Fergus MacIvor | Orkney Athletic Club | U16B | 13.36 | |
| 4 | James Nicolson | Orkney Athletic Club | U16B | 13.40 | |
| 5 | Callum Campbell | North Uist AAC | U16B | 13.51 | |
| 6 | Lewis MacLean | Unattached | U18B | 13.60 | |
| 7 | Rebecca Matheson | Elgin AAC | U14G | 13.91 | |
| 8 | Fihdlay Donegan | Elgin AAC | U16B | 14.13 | |

Open 100m Final C

ws -1.6

| | | | | | |
|---|------------------|------------------------|------|-------|--|
| 1 | Andrew Stoker | Moray Road Runners | U14B | 13.57 | |
| 2 | Abbie MacKay | Stornoway Running & AC | U16G | 13.65 | |
| 3 | Jenny MacTaggart | Stornoway Running & AC | U18G | 13.73 | |
| 4 | Imhotep Booth | Caithness AAC | U16B | 13.79 | |
| 5 | Andrew Duncan | Stornoway Running & AC | U18B | 13.99 | |
| 6 | Ross MacTaggart | Stornoway Running & AC | U16B | 14.08 | |
| 7 | Calum Fraser | North Uist AAC | U14B | 14.17 | |

H&I Open Meeting with HIPPO Final 2012

Open 100m Race A

ws -4.0

| | | | | |
|---|-----------------|------------------------|------|-------|
| 1 | Alastair Beaton | Inverness Harriers AAC | SM | 11.72 |
| 2 | Pat Sattaphol | Stornoway Running & AC | U20M | 12.40 |
| 3 | Adam Hobson | Inverness Harriers AAC | U20M | 12.48 |
| 4 | George Goddard | Inverness Harriers AAC | U18B | 12.55 |
| 5 | Ross Fraser | Inverness Harriers AAC | U20M | 12.68 |
| 6 | Craig Wares | Caithness AAC | U16B | 13.02 |

Open 100m Race B

ws -3.2

| | | | | |
|---|-----------------|----------------------|------|-------|
| 1 | Stewart Twort | Unattached | U16B | 12.77 |
| 2 | Connor MacLeod | North Uist AAC | U16B | 13.08 |
| 3 | Ronan Donaldson | Orkney Athletic Club | U18B | 13.12 |
| 4 | Callum Campbell | North Uist AAC | U16B | 13.15 |
| 5 | James Nicolson | Orkney Athletic Club | U16B | 13.26 |
| 6 | Lewis MacLean | Unattached | U18B | 13.62 |
| 7 | Jodie Drever | Orkney Athletic Club | U16G | 14.30 |

Open 100m Race C

ws -4.3

| | | | | |
|---|------------------|------------------------|------|-------|
| 1 | Fergus MacIvor | Orkney Athletic Club | U16B | 13.23 |
| 2 | Alasdair Rigby | Stornoway Running & AC | U16B | 13.58 |
| 3 | Andrew Stoker | Moray Road Runners | U14B | 13.77 |
| 4 | Abbie MacKay | Stornoway Running & AC | U16G | 13.86 |
| 5 | Imhotep Booth | Caithness AAC | U16B | 13.95 |
| 6 | Jenny MacTaggart | Stornoway Running & AC | U18G | 14.03 |
| 7 | Taylah Spence | Orkney Athletic Club | U16G | 14.03 |
| 8 | Chris MacKay | Orkney Athletic Club | U14B | 14.26 |

Open 100m Race D

ws -1.9

| | | | | |
|-----|--------------------|------------------------|------|-------|
| 1 | Rebecca Matheson | Elgin AAC | U14G | 13.55 |
| 2 = | Fihdlay Donegan | Elgin AAC | U16B | 13.65 |
| 3 = | Ross MacTaggart | Stornoway Running & AC | U16B | 13.94 |
| 4 | Calum Fraser | North Uist AAC | U14B | 14.14 |
| 5 | Rhiannan MacIntosh | Inverness Harriers AAC | U14G | 14.45 |
| 6 | Amy Hutchinson | Stornoway Running & AC | U16G | 14.54 |
| 7 | Joseph Frame | Caithness AAC | U16B | 14.59 |

Open 100m Race E

ws -2.3

| | | | | | |
|---|-------------------|------------------------|------|-------|----|
| 1 | Andrew Duncan | Stornoway Running & AC | U18B | 13.93 | PB |
| 2 | Finlay Summers | Stornoway Running & AC | U16B | 14.26 | PB |
| 3 | Charlotte Bevan | Moray Road Runners | U14G | 14.42 | |
| 4 | Balfour Hay | Orkney Athletic Club | U14B | 14.82 | |
| 5 | Rachelle Matheson | Elgin AAC | U14G | 14.90 | |
| 6 | Kirstin Flett | Orkney Athletic Club | U14G | 15.48 | |
| 7 | Aaron Leitch | Orkney Athletic Club | U14B | 15.53 | |

Open 100m Race F

ws -3.1

| | | | | | |
|---|-------------------|------------------------|------|-------|--|
| 1 | Tom Evans | Inverness Harriers AAC | U14B | 14.86 | |
| 2 | Beth MacIver | Inverness Harriers AAC | U14G | 15.25 | |
| 3 | Jonathon Morrison | Stornoway Running & AC | U14B | 15.42 | |
| 4 | Fraser Nairn | Inverness Harriers AAC | 11B | 15.71 | |
| 5 | Euan Rorie | Orkney Athletic Club | U14B | 15.75 | |

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Open 100m Race G

ws -4.1

| | | | | |
|---|---------------------|------------------------|------|-------|
| 1 | Gabrielle MacGregor | Caithness AAC | U14G | 15.47 |
| 2 | Alanna Gordon | Orkney Athletic Club | U14G | 16.13 |
| 3 | Taylor Sim | Inverness Harriers AAC | 11B | 16.19 |
| 4 | Liam Shaw | Ross County AC | 11B | 17.14 |
| 5 | Bryony Perkins | Nairn AAAC | U14G | 17.96 |

Open 100m Race H

ws -3.8

| | | | | |
|---|------------------|------------------------|------|-------|
| 1 | Jessics Golden | Inverness Harriers AAC | 11G | 15.64 |
| 2 | Morven Scott | Nairn AAAC | 11G | 16.46 |
| 3 | Christopher Mack | Inverness Harriers AAC | 11B | 16.92 |
| 4 | Jennifer Smith | Inverness Harriers AAC | 11G | 17.03 |
| 5 | Alice Kerr | Ross County AC | 11G | 17.14 |
| 6 | Holly Rawlinson | Nairn AAAC | 11G | 17.25 |
| 7 | Nicola Dalgarno | Moray Road Runners | U14G | 17.95 |

Open 200m Race A

ws -3.9

| | | | | |
|---|-----------------|------------------------|------|-------|
| 1 | Alastair Beaton | Inverness Harriers AAC | SM | 24.16 |
| 2 | George Goddard | Inverness Harriers AAC | U18B | 25.24 |
| 3 | Andrew Smith | Inverness Harriers AAC | U16B | 25.61 |
| 4 | Craig Wares | Caithness AAC | U16B | 26.22 |
| 5 | Ross Fraser | Inverness Harriers AAC | U20M | 26.32 |
| 6 | Ronan Donaldson | Orkney Athletic Club | U18B | 26.62 |

Open 200m Race B

ws -2.5

| | | | | |
|---|-----------------|------------------------|------|-------|
| 1 | Stewart Twort | Unattached | U16B | 25.86 |
| 2 | Callum Campbell | North Uist AAC | U16B | 26.66 |
| 3 | Connor MacLean | Stornoway Running & AC | U16B | 26.90 |
| 4 | Alasdair Rigby | Stornoway Running & AC | U16B | 27.15 |
| 5 | Joe Gregg | Orkney Athletic Club | U16B | 27.34 |
| 6 | Lewis MacLean | Unattached | U18B | 27.74 |

Open 200m Race C

ws -2.5

| | | | | | |
|---|-------------------|------------------------|------|-------|----|
| 1 | Siobhan Kingham | Elgin AAC | U16G | 27.46 | PB |
| 2 | Andrew Stoker | Moray Road Runners | U14B | 27.55 | |
| 3 | Sarah Henderson | Caithness AAC | U18G | 27.90 | |
| 4 | Rebecca Matheson | Elgin AAC | U14G | 28.14 | |
| 5 | Abbie MacKay | Stornoway Running & AC | U16G | 28.33 | |
| 6 | Catherine Kersley | Caithness AAC | U16G | 29.22 | |

Open 200m Race D

ws -2.6

| | | | | | |
|---|--------------------|------------------------|------|-------|----|
| 1 | Fergus MacIvor | Orkney Athletic Club | U16B | 27.02 | PB |
| 2 | Ian McIntosh | Stornoway Running & AC | SM | 28.60 | |
| 3 | Carey Ross | Inverness Harriers AAC | U16G | 29.02 | PB |
| 4 | Taylah Spence | Orkney Athletic Club | U16G | 29.24 | |
| 5 | Jodie Drever | Orkney Athletic Club | U16G | 29.66 | |
| 6 | Rhiannan MacIntosh | Inverness Harriers AAC | U14G | 29.90 | |
| 7 | Dana Sutherland | Orkney Athletic Club | U16G | 30.35 | |
| 8 | Hamish Budge | Stornoway Running & AC | SM | 30.69 | |

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Open 200m Race E

ws -3.6

| | | | | | |
|---|-----------------|------------------------|------|-------|----|
| 1 | Gillian Gordon | Inverness Harriers AAC | U16G | 28.29 | |
| 2 | Ross MacTaggart | Stornoway Running & AC | U16B | 29.10 | PB |
| 3 | Calum Fraser | North Uist AAC | U14B | 29.57 | |
| 4 | Amy Hutchinson | Stornoway Running & AC | U16G | 30.83 | |
| 5 | Aaron Leitch | Orkney Athletic Club | U14B | 31.71 | |
| 6 | Lara Dalgarno | Moray Road Runners | U16G | 32.08 | |

Open 200m Race F

ws -4.5

| | | | | | |
|---|-------------------|------------------------|------|-------|----|
| 1 | Andrew Duncan | Stornoway Running & AC | U18B | 28.92 | PB |
| 2 | Amy Davis | Orkney Athletic Club | U14G | 31.17 | |
| 3 | Charlotte Hill | Inverness Harriers AAC | U14G | 31.39 | |
| 4 | Erina Brown | Orkney Athletic Club | U14G | 32.21 | |
| 5 | Rachelle Matheson | Elgin AAC | U14G | 32.28 | |
| 6 | Rhiannon Kirk | Caithness AAC | U16G | 32.48 | |
| 7 | Freya MacLeod | Stornoway Running & AC | U14G | 36.47 | |

Open 200m Race G

ws -2.1

| | | | | | |
|---|-----------------|------------------------|------|-------|--|
| 1 | Balfour Hay | Orkney Athletic Club | U14B | 30.24 | |
| 2 | Euan Rorie | Orkney Athletic Club | U14B | 32.16 | |
| 3 | Ross Budge | Stornoway Running & AC | U14B | 32.17 | |
| 4 | Finlay Saunders | Inverness Harriers AAC | U14B | 32.65 | |
| 5 | Fraser Nairn | Inverness Harriers AAC | 11B | 32.97 | |
| 6 | Kirstin Flett | Orkney Athletic Club | U14G | 33.00 | |

Open 200m Race H

ws -3.2

| | | | | | |
|---|-------------------|------------------------|------|-------|----|
| 1 | Jonathon Morrison | Stornoway Running & AC | U14B | 31.36 | PB |
| 2 | Kyle Munro | Stornoway Running & AC | U14B | 32.04 | PB |
| 3 | Finlay Todd | Ross County AC | U14B | 32.50 | |
| 4 | Rachael Cowie | Caithness AAC | U14G | 34.65 | PB |
| 5 | Robert Thompson | Caithness AAC | U14B | 35.69 | PB |
| 6 | Nefter Booth | Caithness AAC | U14G | 36.34 | |
| 7 | Greame Squires | Nairn AAAC | 11B | 36.56 | |

Open 300m

| | | | | | |
|---|----------------|------------------------|------|-------|--|
| 1 | Gillian Gordon | Inverness Harriers AAC | U16G | 43.81 | |
|---|----------------|------------------------|------|-------|--|

Open 400m

| | | | | | |
|---|--------------|------------------------|------|-------|----|
| 1 | Adam Hobson | Inverness Harriers AAC | U20M | 52.81 | |
| 2 | Andrew Smith | Inverness Harriers AAC | U16B | 56.49 | PB |
| 3 | Andrew Davis | Orkney Athletic Club | U16B | 58.95 | PB |
| 4 | Joe Gregg | Orkney Athletic Club | U16B | 59.55 | PB |

Open 800m Race A

| | | | | | |
|---|----------------|------------------------|------|---------|----|
| 1 | Sean Chalmers | Inverness Harriers AAC | U18B | 1:55.66 | |
| 2 | Stephen MacKay | Inverness Harriers AAC | SM | 1:56.31 | |
| 3 | Stuart Michael | Inverness Harriers AAC | U20M | 2:11.25 | |
| 4 | Magnus Bichan | Orkney Athletic Club | U18B | 2:11.88 | PB |

H&I Open Meeting with HIPPO Final 2012

Open 800m Race B

| | | | | | |
|---|------------------|------------------------|------|---------|----|
| 1 | James Geddes | Inverness Harriers AAC | U16B | 2:22.61 | PB |
| 2 | Michael Laing | Moray Road Runners | U16B | 2:25.19 | PB |
| 3 | Peigi McKellar | Stornoway Running & AC | U16G | 2:28.26 | |
| 4 | Hannah Blackburn | Nairn AAAC | U16G | 2:29.98 | PB |
| 5 | Carey Ross | Inverness Harriers AAC | U16G | 2:32.44 | |
| 6 | Charlotte Hill | Inverness Harriers AAC | U14G | 2:35.51 | PB |
| 7 | Rhiannon Kirk | Caithness AAC | U16G | 2:36.55 | PB |
| 8 | Erina Brown | Orkney Athletic Club | U14G | 2:42.26 | |
| 9 | Hamish Kerr | Ross County AC | U14B | 2:43.78 | |

Open 800m Race C

| | | | | | |
|---|------------------|------------------------|------|---------|----|
| 1 | Alastair McPhail | Caithness AAC | U16B | 2:30.86 | PB |
| 2 | Finlay Todd | Ross County AC | U14B | 2:32.63 | PB |
| 3 | Ruairidh Fraser | Inverness Harriers AAC | U14B | 2:47.98 | |
| 4 | Amy Davis | Orkney Athletic Club | U14G | 2:52.25 | |
| 5 | Elsa Bain | Orkney Athletic Club | U14G | 2:53.09 | |
| 6 | Ellie MacLean | Stornoway Running & AC | 10G | 2:53.54 | |
| 7 | Stuart Kirk | Caithness AAC | U14B | 2:57.45 | |

Open 800m Race D

| | | | | | |
|---|-------------------|------------------------|------|---------|----|
| 1 | Mary Wescott | Nairn AAAC | U14G | 2:46.94 | |
| 2 | Greame Squires | Nairn AAAC | 11B | 2:49.25 | PB |
| 3 | Alexander MacLeod | Caithness AAC | U14B | 2:51.89 | |
| 4 | Alasdair Binns | Stornoway Running & AC | 11B | 2:56.76 | PB |
| 5 | Scott McIver | Stornoway Running & AC | 11B | 2:57.69 | PB |
| 6 | Ryan Knox | Nairn AAAC | 11B | 2:58.03 | PB |
| 7 | Robert Thompson | Caithness AAC | U14B | 3:05.71 | |
| 8 | Freya MacLeod | Stornoway Running & AC | U14G | 3:06.80 | |

Open 800m Race E

| | | | | | |
|---|------------------|------------------------|------|---------|----|
| 1 | Fergus McWilliam | Inverness Harriers AAC | 10B | 3:00.20 | |
| 2 | Christopher Mack | Inverness Harriers AAC | 11B | 3:01.07 | |
| 3 | Hannah Eawlinson | Nairn AAAC | U14G | 3:03.82 | PB |
| 4 | Euan Fraser | Inverness Harriers AAC | 11B | 3:07.20 | |
| 5 | Emily May Munro | Stornoway Running & AC | 11G | 3:20.94 | |
| 6 | Sarah Murray | Stornoway Running & AC | 11G | 3:47.30 | |
| 7 | Darcy McIntosh | Stornoway Running & AC | 9G | 3:49.28 | |
| 8 | Sydney McIntosh | Stornoway Running & AC | 10B | 3:52.58 | PB |

Open 1500m Race A

| | | | | | |
|---|------------------|------------------------|------|---------|----|
| 1 | Luke Shaw | Inverness Harriers AAC | U16B | 4:22.21 | |
| 2 | Connor MacLean | Stornoway Running & AC | U16B | 4:25.21 | |
| 3 | Kenneth MacSween | Stornoway Running & AC | U18B | 4:36.80 | PB |
| 4 | Magnus Bichan | Orkney Athletic Club | U18B | 4:36.86 | |
| 5 | Jack Duncan | Orkney Athletic Club | U14B | 4:39.79 | |
| 6 | Jenny Bannerman | Inverness Harriers AAC | SW | 4:51.69 | |

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Open 1500m Race B

| | | | | | |
|----|---------------------|------------------------|------|---------|----|
| 1 | Rachel MacLennan | Nairn AAAC | U16G | 5:08.05 | |
| 2 | Kyle Munro | Stornoway Running & AC | U14B | 5:11.91 | PB |
| 3 | Jennifer Bichan | Orkney Athletic Club | U16G | 5:35.69 | PB |
| 4 | Aimee Leask | Orkney Athletic Club | U16G | 5:40.95 | PB |
| 5 | Rory Mighton | Stornoway Running & AC | U14B | 5:41.88 | |
| 6 | Gabrielle MacGregor | Caithness AAC | U14G | 5:43.70 | |
| 7 | Katie Scott | Nairn AAAC | U14G | 5:47.24 | |
| 8 | Finlay Saunders | Inverness Harriers AAC | U14B | 6:03.22 | |
| 9 | Joseph Frame | Caithness AAC | U16B | 6:18.27 | |
| 10 | Kloe Gibson | Nairn AAAC | U14G | 6:24.58 | |

Open 3000m

| | | | | | |
|---|----------------|------------------------|------|----------|----|
| 1 | Lewis Holmes | Unattached | U16B | 10:08.20 | PB |
| 2 | Willie Macrury | Stornoway Running & AC | SM | 10:08.46 | PB |

Junior 70m Hurdles

ws -2.8

| | | | | | |
|---|-------------------|------------------------|------|-------|----|
| 1 | Lauren Bell | Moray Road Runners | U14G | 11.75 | PB |
| 2 | Jessics Golden | Inverness Harriers AAC | 11G | 15.29 | |
| 3 | Toran Simmons | Nairn AAAC | 11B | 15.55 | |
| 4 | Cameron MacIntosh | Inverness Harriers AAC | 11B | 16.68 | |
| 5 | Amentep Booth | Caithness AAC | 11B | 16.75 | |
| 6 | Alice Kerr | Ross County AC | 11G | 17.78 | |

Junior 150m Race A

ws -1.1

| | | | | | |
|---|-----------------|------------------------|-----|-------|----|
| 1 | Daniel Johnston | Inverness Harriers AAC | 10B | 23.64 | |
| 2 | Ryan Matheson | Elgin AAC | 9B | 23.68 | PB |
| 3 | Sian MacDonald | Stornoway Running & AC | 10G | 24.67 | |
| 4 | Louise Cormack | Caithness AAC | 10G | 24.88 | |
| 5 | Euan MacGregor | Caithness AAC | 10B | 25.34 | |
| 6 | Evan Trayner | Stornoway Running & AC | 10B | 25.41 | |
| 7 | Tegan Spence | Orkney Athletic Club | 10G | 25.71 | |

Junior 150m Race B

ws -3.9

| | | | | | |
|---|----------------|------------------------|-----|-------|--|
| 1 | Hallie Gordon | Orkney Athletic Club | 10G | 26.80 | |
| 2 | Ceitidh Magill | Inverness Harriers AAC | 11G | 26.92 | |
| 3 | Cameron Baird | Stornoway Running & AC | 10B | 27.25 | |
| 4 | Chloe Cheyne | Inverness Harriers AAC | 10G | 27.59 | |

Junior 150m Race C

ws -2.3

| | | | | | |
|---|---------------|------------------------|-----|-------|----|
| 1 | Kirsty Suiter | Nairn AAAC | 10G | 24.85 | |
| 2 | Euan Johnston | Inverness Harriers AAC | 9B | 26.35 | |
| 3 | Mhairi Nairn | Inverness Harriers AAC | 10G | 26.80 | PB |
| 4 | Blair Milne | Moray Road Runners | 9B | 28.38 | |

Junior 75m Race A

ws -1.0

| | | | | | |
|---|----------------|------------------------|-----|-------|----|
| 1 | Ryan Matheson | Elgin AAC | 9B | 11.80 | |
| 2 | Sian MacDonald | Stornoway Running & AC | 10G | 11.95 | |
| 3 | Louise Cormack | Caithness AAC | 10G | 12.13 | PB |
| 4 | Evan Trayner | Stornoway Running & AC | 10B | 12.37 | |
| 5 | Tegan Spence | Orkney Athletic Club | 10G | 12.48 | |
| 6 | Cameron Baird | Stornoway Running & AC | 10B | 13.20 | |
| 7 | Hallie Gordon | Orkney Athletic Club | 10G | 13.29 | |

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Junior 75m Race B

ws -3.0

| | | | | |
|---|-----------------|------------------------|-----|-------|
| 1 | Ellie MacLean | Stornoway Running & AC | 10G | 12.39 |
| 2 | Kirsty Suiter | Nairn AAAC | 10G | 12.42 |
| 3 | Ceitidh Magill | Inverness Harriers AAC | 11G | 13.08 |
| 4 | Chloe Cheyne | Inverness Harriers AAC | 10G | 13.22 |
| 5 | Mhairi Nairn | Inverness Harriers AAC | 10G | 13.24 |
| 6 | Leah Ferguson | Nairn AAAC | 10G | 13.67 |
| 7 | Fiona Flockhart | Inverness Harriers AAC | 10G | 14.32 |

Junior 75m Race C

ws -2.5

| | | | | |
|---|------------------|------------------------|-----|----------|
| 1 | Euan MacGregor | Caithness AAC | 10B | 12.12 |
| 2 | Cameron Dowdles | Inverness Harriers AAC | 10B | 12.75 |
| 3 | Fergus McWilliam | Inverness Harriers AAC | 10B | 12.84 |
| 4 | David Scott | Forres Harriers | 10B | 12.99 |
| 5 | Sydney McIntosh | Stornoway Running & AC | 10B | 15.44 PB |

Junior 75m Race D

ws -1.4

| | | | | |
|---|-----------------|------------------------|-----|----------|
| 1 | Emily May Munro | Stornoway Running & AC | 11G | 12.77 |
| 2 | Euan Johnston | Inverness Harriers AAC | 9B | 12.98 |
| 3 | Joshua Milne | Moray Road Runners | 9B | 14.00 PB |
| 4 | Blair Milne | Moray Road Runners | 9B | 14.01 |
| 5 | Lewis Grant | Nairn AAAC | 9B | 14.35 |
| 6 | Darcy McIntosh | Stornoway Running & AC | 9G | 14.49 PB |

Open 200m Final A

ws -0.9

| | | | | |
|---|-----------------|------------------------|------|-------|
| 1 | Alastair Beaton | Inverness Harriers AAC | SM | 24.36 |
| 2 | George Goddard | Inverness Harriers AAC | U18B | 24.87 |
| 3 | Andrew Smith | Inverness Harriers AAC | U16B | 25.48 |
| 4 | Ross Fraser | Inverness Harriers AAC | U20M | 26.06 |
| 5 | Craig Wares | Caithness AAC | U16B | 26.18 |
| 6 | Callum Campbell | North Uist AAC | U16B | 26.76 |
| 7 | Ronan Donaldson | Orkney Athletic Club | U18B | 26.89 |

Open 200m Final B

ws -1.5

| | | | | |
|---|-----------------|------------------------|------|----------|
| 1 | Fergus MacIvor | Orkney Athletic Club | U16B | 26.46 PB |
| 2 | Joe Gregg | Orkney Athletic Club | U16B | 27.19 |
| 3 | Siobhan Kingham | Elgin AAC | U16G | 27.40 PB |
| 4 | Andrew Stoker | Moray Road Runners | U14B | 27.88 |
| 5 | Sarah Henderson | Caithness AAC | U18G | 28.29 |
| 6 | Alasdair Rigby | Stornoway Running & AC | U16B | 28.40 |
| 7 | Lewis MacLean | Unattached | U18B | 28.61 |

Open 200m Final C

ws -1.2

| | | | | |
|---|------------------|------------------------|------|----------|
| 1 | Rebecca Matheson | Elgin AAC | U14G | 27.89 |
| 2 | Andrew Duncan | Stornoway Running & AC | U18B | 28.33 PB |
| 3 | Calum Fraser | North Uist AAC | U14B | 28.65 PB |
| 4 | Ian McIntosh | Stornoway Running & AC | SM | 28.92 |
| 5 | Ross MacTaggart | Stornoway Running & AC | U16B | 29.22 |

Open 100m Race I

ws -2.3

| | | | | |
|---|---------------|------------------------|------|-------|
| 1 | Sarah Harper | Orkney Athletic Club | U14G | 15.92 |
| 2 | Rachael Cowie | Caithness AAC | U14G | 15.96 |
| 3 | Lucy McIntosh | Caithness AAC | U14G | 16.23 |
| 4 | Daria Byers | Orkney Athletic Club | U14B | 17.06 |
| 5 | Kirsty Baird | Stornoway Running & AC | U14G | 17.18 |
| 6 | Nefter Booth | Caithness AAC | U14G | 17.18 |

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Open 200m Race I

ws -2.6

| | | | | |
|---|-------------------|------------------------|-----|-------|
| 1 | Scott McIver | Stornoway Running & AC | 11B | 33.80 |
| 2 | Cameron MacIntosh | Inverness Harriers AAC | 11B | 33.85 |
| 3 | Alasdair Binns | Stornoway Running & AC | 11B | 35.74 |
| 4 | Ryan Knox | Nairn AAAC | 11B | 37.19 |

Junior 75m Hurdles Race A

ws -4.7

| | | | | |
|---|-----------------|----------------------|------|-------|
| 1 | Charlotte Bevan | Moray Road Runners | U14G | 15.53 |
| 2 | Katie Scott | Nairn AAAC | U14G | 15.54 |
| 3 | Alanna Gordon | Orkney Athletic Club | U14G | 16.28 |
| 4 | Sarah Harper | Orkney Athletic Club | U14G | 16.55 |

Junior 75m Hurdles Race B

ws -1.9

| | | | | |
|---|--------------------|------------------------|------|-------|
| 1 | Hannah Suiter | Nairn AAAC | U14G | 15.14 |
| 2 | Eilidh Magill | Inverness Harriers AAC | U14G | 15.19 |
| 3 | Kloe Gibson | Nairn AAAC | U14G | 16.70 |
| 4 | Stephanie Evers | Caithness AAC | U14G | 17.54 |
| 5 | Erin Britton | Caithness AAC | U14G | 18.36 |
| 6 | Kirsty Baird | Stornoway Running & AC | U14G | 18.72 |
| 7 | Kimberley Johnston | Caithness AAC | U14G | 18.97 |

Open Triple Jump

| | | | | | |
|---|------------------|------------------------|------|-------|----|
| 1 | Chris Mollison | Inverness Harriers AAC | U18B | 12.25 | PB |
| 2 | Laurence Donkers | North Uist AAC | U16B | 11.08 | PB |
| 3 | Fihdlay Donegan | Elgin AAC | U16B | 9.19 | |

Open Discus Pool A

| | | | | | |
|---|--------------------|------------------------|------|-------|-----|
| 1 | George Evans | Inverness Harriers AAC | U16B | 40.68 | |
| 2 | Gary Sweeney | Moray Road Runners | SM | 35.44 | 2kg |
| 3 | Bob Masson | Aberdeen AAC | SM | 35.26 | 1kg |
| 4 | Dionne Milne | Moray Road Runners | U16G | 34.92 | |
| 5 | Daniel Wilby | Inverness Harriers AAC | U16B | 29.21 | |
| 6 | Shannon Sutherland | Nairn AAAC | U16G | 23.94 | |
| 7 | Alison Horne | Inverness Harriers AAC | U16G | 21.53 | |

Open Discus Pool B

| | | | | | | |
|----|-----------------------|------------------------|------|-------|----|------|
| 1 | Alex Geddes | Inverness Harriers AAC | U14B | 21.30 | PB | 1kg |
| 2 | Katie Stark | Inverness Harriers AAC | U14G | 19.82 | | 750g |
| 3 | Lara Dalgarno | Moray Road Runners | U16G | 18.25 | PB | 1kg |
| 4 | Thora Cant | Orkney Athletic Club | U16G | 17.56 | PB | 1kg |
| 5 | Erin Montgomery | Orkney Athletic Club | U14G | 14.41 | | 750g |
| 6 | Stephanie Evers | Caithness AAC | U14G | 13.97 | | 750g |
| 7 | Reuben McFarlane | Inverness Harriers AAC | 10B | 13.74 | | 750g |
| 8 | Kaitlyn Reid | Unattached | U14G | 13.21 | | 750g |
| 9 | Uisdean Russell Smith | Stornoway Running & AC | U14B | 12.52 | | 1kg |
| 10 | Amentep Booth | Caithness AAC | 11B | 11.25 | | 750g |

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Open High Jump Pool A

| | | | | | |
|-----|--------------------|------------------------|------|------|----|
| 1 | Ben Mitchell | Moray Road Runners | U18B | 1.80 | PB |
| 2 | Chris MacKay | Orkney Athletic Club | U14B | 1.55 | |
| 3 | Taylah Spence | Orkney Athletic Club | U16G | 1.45 | PB |
| 4 | Andrew McFarlane | Inverness Harriers AAC | U14B | 1.45 | |
| 5 | Michael Laing | Moray Road Runners | U16B | 1.45 | PB |
| 6 | Alastair McPhail | Caithness AAC | U16B | 1.45 | |
| 7 = | Shannon Sutherland | Nairn AAAC | U16G | 1.40 | |
| 7 = | Dionne Milne | Moray Road Runners | U16G | 1.40 | |
| 9 | Amy Davis | Orkney Athletic Club | U14G | 1.35 | |

Open High Jump Pool B

| | | | | | |
|-----|-----------------|------------------------|------|------|--|
| 1 | Rory Mighton | Stornoway Running & AC | U14B | 1.30 | |
| 2 | Hannah Suiter | Nairn AAAC | U14G | 1.30 | |
| 3 = | Tom Evans | Inverness Harriers AAC | U14B | 1.25 | |
| 3 = | Ruairidh Fraser | Inverness Harriers AAC | U14B | 1.25 | |

Open Javelin Pool A

| | | | | | |
|---|------------------|------------------------|------|-------|---------|
| 1 | Calvin Cooper | Orkney Athletic Club | SM | 53.02 | 800g |
| 2 | Adam Hobson | Inverness Harriers AAC | U20M | 45.13 | PB 800g |
| 3 | Callum Alexander | Moray Road Runners | U16B | 44.22 | 600g |
| 4 | Alex Stevenson | Orkney Athletic Club | U16B | 40.62 | PB 600g |
| 5 | Paula Gass | Inverness Harriers AAC | U20W | 37.84 | 600g |
| 6 | George Evans | Inverness Harriers AAC | U16B | 37.81 | 600g |
| 7 | Stewart Twort | Unattached | U16B | 34.76 | 600g |
| 8 | Thora Cant | Orkney Athletic Club | U16G | 33.72 | 600g |

Open Javelin Pool B

| | | | | | |
|---|------------------|------------------------|------|-------|---------|
| 1 | Andrew McFarlane | Inverness Harriers AAC | U14B | 38.05 | PB 400g |
| 2 | Connor MacLean | Stornoway Running & AC | U16B | 32.90 | 600g |
| 3 | Craig Wares | Caithness AAC | U16B | 32.35 | 600g |
| 4 | Shannon Eyers | Caithness AAC | U18G | 29.94 | 600g |
| 5 | Erin Montgomery | Orkney Athletic Club | U14G | 24.33 | 400g |

Open Long Jump Pool A

| | | | | | |
|---|-----------------|------------------------|------|------|----|
| 1 | George Goddard | Inverness Harriers AAC | U18B | 5.38 | |
| 2 | Siobhan Kingham | Elgin AAC | U16G | 5.11 | PB |
| 3 | Alicia MacSween | Stornoway Running & AC | U18G | 5.02 | |
| 4 | Gillian Gordon | Inverness Harriers AAC | U16G | 4.90 | |
| 5 | Lauren Bell | Moray Road Runners | U14G | 4.69 | |
| 6 | Abbie MacKay | Stornoway Running & AC | U16G | 4.68 | PB |
| 7 | Andrew Stoker | Moray Road Runners | U14B | 4.25 | |
| 8 | Kayla Smith | Orkney Athletic Club | U16G | 3.88 | |

Open Long Jump Pool B

| | | | | | |
|---|-------------------|------------------------|------|------|----|
| 1 | Alex Stevenson | Orkney Athletic Club | U16B | 5.14 | |
| 2 | Laurence Donkers | North Uist AAC | U16B | 4.98 | |
| 3 | Fihdlay Donegan | Elgin AAC | U16B | 4.96 | PB |
| 4 | Calum Fraser | North Uist AAC | U14B | 4.44 | |
| 5 | Chris MacKay | Orkney Athletic Club | U14B | 4.25 | |
| 6 | Sarah Henderson | Caithness AAC | U18G | 4.25 | |
| 7 | Catherine Kersley | Caithness AAC | U16G | 3.94 | |
| 8 | Kyle Munro | Stornoway Running & AC | U14B | 3.76 | |
| 9 | Jodie Drever | Orkney Athletic Club | U16G | 3.65 | |

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Open Long Jump Pool C

| | | | | | |
|----|--------------------|------------------------|------|------|----|
| 1 | Imhotep Booth | Caithness AAC | U16B | 4.47 | PB |
| 2 | Tom Evans | Inverness Harriers AAC | U14B | 4.31 | PB |
| 3 | Erina Brown | Orkney Athletic Club | U14G | 4.06 | PB |
| 4 | Ross MacTaggart | Stornoway Running & AC | U16B | 4.03 | PB |
| 5 | Ruairidh Fraser | Inverness Harriers AAC | U14B | 4.03 | PB |
| 6 | Rebecca Matheson | Elgin AAC | U14G | 3.85 | |
| 7 | Aaron Leitch | Orkney Athletic Club | U14B | 3.78 | |
| 8 | Rhiannan MacIntosh | Inverness Harriers AAC | U14G | 3.75 | |
| 9 | Rhiannon Kirk | Caithness AAC | U16G | 3.74 | |
| 10 | Jonathon Morrison | Stornoway Running & AC | U14B | 3.56 | |
| 11 | Kirstin Flett | Orkney Athletic Club | U14G | 3.55 | |
| 12 | Rory Mighton | Stornoway Running & AC | U14B | 3.52 | |

Open Hammer Pool A

| | | | | | |
|---|---------------|--------------------|------|-------|-----|
| 1 | Emma Bowie | Moray Road Runners | U18G | 44.19 | 4kg |
| 2 | Jack Mitchell | Moray Road Runners | U16B | 39.63 | 4kg |
| 3 | Bob Masson | Aberdeen AAC | SM | 29.51 | 5kg |

Open High Jump Pool C

| | | | | | |
|-----|-------------------|------------------------|------|------|--|
| 1 | Morven Scott | Nairn AAAC | 11G | 1.30 | |
| 2 | Jessics Golden | Inverness Harriers AAC | 11G | 1.26 | |
| 3 | Taylor Sim | Inverness Harriers AAC | 11B | 1.15 | |
| 4 = | Erin Britton | Caithness AAC | U14G | 1.10 | |
| 4 = | Greame Squires | Nairn AAAC | 11B | 1.10 | |
| 6 | Caitlin MacKenzie | Stornoway Running & AC | U14G | 1.10 | |
| 7 | Euan Fraser | Inverness Harriers AAC | 11B | 1.10 | |
| 8 | Ryan Knox | Nairn AAAC | 11B | 1.05 | |
| 9 | Bryony Perkins | Nairn AAAC | U14G | 1.05 | |

Open Shot Putt Pool A

| | | | | | | |
|---|----------------|------------------------|------|-------|----|--------|
| 1 | George Evans | Inverness Harriers AAC | U16B | 15.20 | PB | 4kg |
| 2 | Gary Sweeney | Moray Road Runners | SM | 12.06 | | 7.25kg |
| 3 | James Nicolson | Orkney Athletic Club | U16B | 10.73 | | 4kg |
| 4 | Daniel Wilby | Inverness Harriers AAC | U16B | 10.03 | PB | 4kg |
| 5 | Alison Horne | Inverness Harriers AAC | U16G | 9.97 | | 3.25kg |
| 6 | Katie Stark | Inverness Harriers AAC | U14G | 9.49 | | 3.25kg |
| 7 | Bob Masson | Aberdeen AAC | SM | 9.35 | | 5kg |

Open Shot Putt Pool B

| | | | | | | |
|----|------------------|------------------------|------|------|----|--------|
| 1 | Andrew McFarlane | Inverness Harriers AAC | U14B | 9.33 | | 3.25kg |
| 2 | Thora Cant | Orkney Athletic Club | U16G | 8.77 | PB | 3.25kg |
| 3 | Erin Montgomery | Orkney Athletic Club | U14G | 8.71 | | 2.72kg |
| 4 | Connor MacLeod | North Uist AAC | U16B | 8.39 | | 4kg |
| 5 | Alex Geddes | Inverness Harriers AAC | U14B | 8.36 | PB | 3.25kg |
| 6 | Finlay Summers | Stornoway Running & AC | U16B | 8.11 | | 4kg |
| 7 | Daria Byers | Orkney Athletic Club | U14B | 8.08 | | 2.72kg |
| 8 | Siobhan Kingham | Elgin AAC | U16G | 8.01 | | 3.25kg |
| 9 | Kayla Smith | Orkney Athletic Club | U16G | 7.93 | PB | 2.72kg |
| 10 | Lauren Bell | Moray Road Runners | U14G | 7.89 | PB | 2.72kg |
| 11 | Andrew Duncan | Stornoway Running & AC | U18B | 7.43 | | 3.25kg |
| 12 | Lara Dalgarno | Moray Road Runners | U16G | 7.41 | | 3.25kg |

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Open Shot Putt Pool C

| | | | | | | |
|----|-----------------------|------------------------|------|------|----|--------|
| 1 | Andrew Davis | Orkney Athletic Club | U16B | 7.75 | PB | 4kg |
| 2 | Sadie Braham | Orkney Athletic Club | U16G | 7.43 | PB | 3.25kg |
| 3 | Sasha Miller | Orkney Athletic Club | U14G | 7.17 | PB | 2.72kg |
| 4 | Euan Rorie | Orkney Athletic Club | U14B | 7.12 | | 3.25kg |
| 5 | Balfour Hay | Orkney Athletic Club | U14B | 7.00 | | 3.25kg |
| 6 | Caitlin MacKenzie | Stornoway Running & AC | U14G | 6.59 | PB | 2.72kg |
| 7 | Uisdean Russell Smith | Stornoway Running & AC | U14B | 6.49 | | 3.25kg |
| 8 | Kirsty Baird | Stornoway Running & AC | U14G | 5.84 | PB | 2.72kg |
| 9 | Beth MacIver | Inverness Harriers AAC | U14G | 5.76 | PB | 2.72kg |
| 10 | Lucy McIntosh | Caithness AAC | U14G | 5.72 | | 2.72kg |
| 11 | Liam Shaw | Ross County AC | 11B | 5.34 | | 2.72kg |
| 12 | Cameron Dowdles | Inverness Harriers AAC | 10B | 4.95 | | 2.72kg |
| 13 | Reuben McFarlane | Inverness Harriers AAC | 10B | 4.13 | | 2.72kg |

Open Shot Putt Pool D

| | | | | | | |
|----|---------------------|------------------------|------|------|----|--------|
| 1 | Gabrielle MacGregor | Caithness AAC | U14G | 6.20 | | |
| 2 | Alice Kerr | Ross County AC | 11G | 5.69 | | |
| 3 | Aimee Leask | Orkney Athletic Club | U16G | 5.69 | | 3.25kg |
| 4 | Emily May Munro | Stornoway Running & AC | 11G | 5.62 | | |
| 5 | Kaitlyn Reid | Unattached | U14G | 5.41 | | |
| 6 | Jennifer Bichan | Orkney Athletic Club | U16G | 5.22 | PB | 2.72kg |
| 7 | Kimberley Johnston | Caithness AAC | U14G | 5.10 | | |
| 8 | Ionutsa McClelland | Ross County AC | SW | 4.78 | PB | 3.25kg |
| 9 | Fiona Flockhart | Inverness Harriers AAC | 10G | 4.44 | | |
| 10 | Joshua Milne | Moray Road Runners | 9B | 4.29 | | 2.72kg |
| 11 | Sarah Murray | Stornoway Running & AC | 11G | 4.25 | | 2.72kg |
| 12 | Nicola Dalgarno | Moray Road Runners | U14G | 4.14 | | |
| 13 | Cameron Baird | Stornoway Running & AC | 10B | 4.08 | | 2.72kg |
| 14 | Hannah Eawlinson | Nairn AAAC | U14G | 3.97 | | |
| 15 | Leah Ferguson | Nairn AAAC | 10G | 3.72 | PB | |
| 16 | Lewis Grant | Nairn AAAC | 9B | 3.38 | | |

Open Long Jump Pool D

| | | | | | | |
|----|-------------------|------------------------|------|------|----|--|
| 1 | Hannah Suiter | Nairn AAAC | U14G | 3.79 | PB | |
| 2 | Mary Wescott | Nairn AAAC | U14G | 3.66 | | |
| 3 | Finlay Saunders | Inverness Harriers AAC | U14B | 3.62 | PB | |
| 4 | Ross Budge | Stornoway Running & AC | U14B | 3.57 | PB | |
| 5 | Sian MacDonald | Stornoway Running & AC | 10G | 3.54 | | |
| 6 | Daniel Johnston | Inverness Harriers AAC | 10B | 3.45 | | |
| 7 | Freya MacLeod | Stornoway Running & AC | U14G | 3.40 | | |
| 8 | Alexander MacLeod | Caithness AAC | U14B | 3.38 | | |
| 9 | Fraser Nairn | Inverness Harriers AAC | 11B | 3.37 | | |
| 10 | Amentep Booth | Caithness AAC | 11B | 3.14 | | |

Open Long Jump Pool G

| | | | | | | |
|---|-----------------|------------------------|------|------|----|--|
| 1 | Robert Thompson | Caithness AAC | U14B | 3.15 | PB | |
| 2 | Blair Milne | Moray Road Runners | 9B | 2.85 | | |
| 3 | Hallie Gordon | Orkney Athletic Club | 10G | 2.78 | | |
| 4 | Lewis Grant | Nairn AAAC | 9B | 2.66 | | |
| 5 | Chloe Cheyne | Inverness Harriers AAC | 10G | 2.35 | | |
| 6 | Sarah Murray | Stornoway Running & AC | 11G | 2.33 | PB | |
| 7 | Darcy McIntosh | Stornoway Running & AC | 9G | 1.89 | | |

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Open Long Jump Pool E

| | | | | | |
|---|-------------------|------------------------|------|------|----|
| 1 | Tegan Spence | Orkney Athletic Club | 10G | 3.36 | PB |
| 2 | Ryan Matheson | Elgin AAC | 9B | 3.33 | PB |
| 3 | Sadie Braham | Orkney Athletic Club | U16G | 3.29 | PB |
| 4 | Scott McIver | Stornoway Running & AC | 11B | 3.29 | PB |
| 5 | Lucy McIntosh | Caithness AAC | U14G | 3.24 | |
| 6 | Rachelle Matheson | Elgin AAC | U14G | 3.12 | |
| 7 | Elsa Bain | Orkney Athletic Club | U14G | 3.09 | |
| 8 | Jennifer Bichan | Orkney Athletic Club | U16G | 2.94 | |
| 9 | Hannah Eawlinson | Nairn AAAC | U14G | 2.63 | |

Open Long Jump Pool F

| | | | | | |
|---|----------------|------------------------|------|------|----|
| 1 | Sarah Harper | Orkney Athletic Club | U14G | 3.41 | |
| 2 | Louise Cormack | Caithness AAC | 10G | 3.29 | PB |
| 3 | Rachael Cowie | Caithness AAC | U14G | 3.28 | PB |
| 4 | Mhairi Nairn | Inverness Harriers AAC | 10G | 3.14 | PB |
| 5 | Evan Trayner | Stornoway Running & AC | 10B | 3.09 | PB |
| 6 | Toran Simmons | Nairn AAAC | 11B | 3.00 | |
| 7 | Jennifer Smith | Inverness Harriers AAC | 11G | 2.81 | |
| 8 | Leah Ferguson | Nairn AAAC | 10G | 2.67 | |
| 9 | Alasdair Binns | Stornoway Running & AC | 11B | 2.64 | |

Open Javelin Pool D

| | | | | | |
|----|-----------------------|------------------------|------|-------|---------|
| 1 | Bob Masson | Aberdeen AAC | SM | 31.38 | 600g |
| 2 | Cameron MacIntosh | Inverness Harriers AAC | 11B | 19.65 | 400g |
| 3 | Euan Fraser | Inverness Harriers AAC | 11B | 15.44 | PB 400g |
| 4 | Morven Scott | Nairn AAAC | 11G | 15.19 | 400g |
| 5 | Kloe Gibson | Nairn AAAC | U14G | 15.13 | 400g |
| 6 | Mary Wescott | Nairn AAAC | U14G | 15.09 | 400g |
| 7 | Toran Simmons | Nairn AAAC | 11B | 15.08 | PB 400g |
| 8 | Caitlin MacKenzie | Stornoway Running & AC | U14G | 14.59 | PB 400g |
| 9 | Fiona Flockhart | Inverness Harriers AAC | 10G | 12.85 | 400g |
| 10 | Uisdean Russell Smith | Stornoway Running & AC | U14B | 12.06 | 400g |
| 11 | Erin Britton | Caithness AAC | U14G | 10.75 | 400g |
| 12 | Reuben McFarlane | Inverness Harriers AAC | 10B | 9.43 | 400g |
| 13 | Nefter Booth | Caithness AAC | U14G | 8.26 | 400g |
| 14 | Nicola Dalgarno | Moray Road Runners | U14G | 8.00 | 400g |
| 15 | Bryony Perkins | Nairn AAAC | U14G | 7.89 | 400g |
| 16 | Holly Rawlinson | Nairn AAAC | 11G | 6.30 | 400g |

Open Long Jump Pool H

| | | | | | |
|---|------------------|------------------------|-----|------|--|
| 1 | Euan MacGregor | Caithness AAC | 10B | 3.36 | |
| 2 | Christopher Mack | Inverness Harriers AAC | 11B | 3.19 | |
| 3 | Ceitidh Magill | Inverness Harriers AAC | 11G | 3.10 | |
| 4 | Fergus McWilliam | Inverness Harriers AAC | 10B | 2.94 | |
| 5 | Ellie MacLean | Stornoway Running & AC | 10G | 2.89 | |
| 6 | Euan Johnston | Inverness Harriers AAC | 9B | 2.83 | |
| 7 | Eric Todd | Ross County AC | 10B | 2.71 | |

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Open Javelin Pool C

| | | | | | | |
|----|-----------------|------------------------|------|-------|----|------|
| 1 | Hamish Kerr | Ross County AC | U14B | 28.51 | PB | 400g |
| 2 | Michael Laing | Moray Road Runners | U16B | 24.94 | PB | 600g |
| 3 | Finlay Summers | Stornoway Running & AC | U16B | 24.86 | PB | 600g |
| 4 | Lewis Fraser | Nairn AAAC | U14B | 23.78 | PB | 400g |
| 5 | Dana Sutherland | Orkney Athletic Club | U16G | 22.58 | PB | 600g |
| 6 | Katie Scott | Nairn AAAC | U14G | 22.52 | PB | 400g |
| 7 | Stephanie Evers | Caithness AAC | U14G | 21.01 | PB | 400g |
| 8 | Sadie Braham | Orkney Athletic Club | U16G | 18.65 | | 600g |
| 9 | Sasha Miller | Orkney Athletic Club | U14G | 17.54 | PB | 400g |
| 10 | Katie Stark | Inverness Harriers AAC | U14G | 17.18 | PB | 400g |
| 11 | Charlotte Bevan | Moray Road Runners | U14G | 15.12 | | 400g |
| 12 | Stuart Kirk | Caithness AAC | U14B | 14.99 | | 400g |