



Orkney Athletic Club



CODE OF CONDUCT

It is important that all competitors and officials act in a manner at all times which will enhance the reputation of Orkney and the club.

Competitors must:

1. Ensure that any payments are made on time.
2. Be properly rested and prepared for the all events.
3. Report any injury to the Sports Coach as soon as possible.
4. All competitors will receive Parental Consent Forms which must be completed, signed and returned to the Sports Coach.
5. Travel with the sports team at all times.
6. Competitors must remain with the party at all times and should not leave the travelling group except in the company of an approved adult, having gained permission from a responsible coach.
7. Wear team colours throughout the Competition, unless for specified social events (approved by Sports Coach), including travelling to and from the Competition.
8. Always arrive on time.
9. Compete to the best of their ability.
10. Support their fellow team members at all events.
11. Be considerate to fellow team members at all times.
12. Be courteous and polite to all officials, competitors, spectators etc.
13. Conduct themselves with dignity and exhibit good sportsmanship.
14. Accept responsibility for their own valuables (even if given to some other person for safekeeping).
15. Recognise that they are subject to the instructions and control of the Sports Coach at all times.
16. Remember that they are ambassadors for their home island.
17. Remember that a team is often judged by the worst incident that is allowed to occur.

Competitors must not:

1. Fail to participate in any event (heat or final) without the agreement of the Sports Coach.
2. Indulge in alcohol or drugs at any time, irrespective of age.
3. Lodge any protest or complaint regarding the officiating or organisation of the competition (see below).

Sports Coaches must:

1. Be responsible for their team at all times.
2. Be available to their team members at all times.
3. Do their best to ensure that their team members follow the Code of Conduct and address any breaches to the Code promptly.
4. Report serious breaches of the Code of Conduct to the Chairperson immediately and their own Association at their next meeting.
5. Be responsible for the lodging of any protest or complaint on behalf of the competitors that is felt to be justified.



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Parents/Carers must:

1. Encourage your child to learn the rules and play within them.
2. Help your child to recognise good performance, not just results.
3. Set a good example by recognising fair play and applauding good performances of all.
4. Support your child's involvement and help them to enjoy their sport.
5. Discourage unfair play and arguing with officials.
6. Never punish or belittle a child for losing or making mistakes
7. Never force your child to take part in sport.
8. Encourage and guide athletes to accept responsibility for their own performance and behaviour.
9. Publicly accept officials' judgements.
10. Use correct and proper language at all times.

The Chairperson and Executive Members must:

1. Do his/her best to ensure that the Sports Coaches adhere to the Code of Conduct.
2. Ensure that any notified breaches in the Code of Conduct are dealt with promptly and decisively.
3. Be available for the Sports Coaches at all time.
4. Support the team at events wherever possible.

Breaches to Code of Conduct:

1. Sports Coaches will deal with minor breaches to the Code. For serious breaches (such as drunk or disorderly) the Chairperson and parents should be notified and facilitate appropriate action.
2. For serious incidents the Chairperson should consult with a minimum of 3 Sports Coaches before a final decision is made. Disciplinary action will be at the discretion of this group but may include withdrawal from the competition, withdrawal from representing their county again (at junior or senior level), and withdrawal of grant support. Other appropriate action may also be taken. This course of action applies to all members of the party, who must be aware of the serious implication to them or their team.